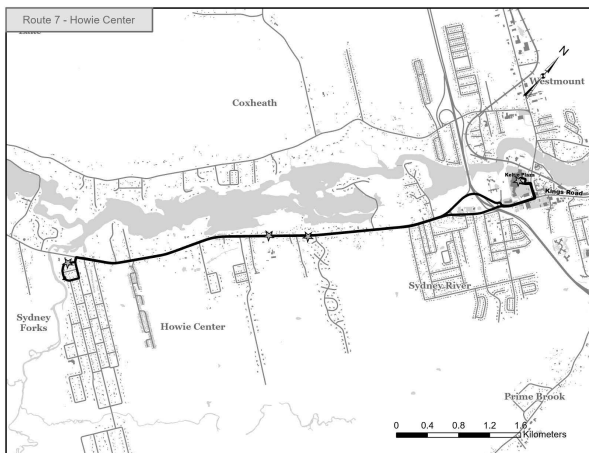


Route 7 - Monday to Friday

DEPARTURE TIMES: Howie Centre

Sydney River Mall	Irving Circle K / Kings Rd	Tometary Drive / Howie Centre	Prior Hampton Estates	Sydney River Mall
7:00	7:08	7:15	7:22	7:30
8:00	8:08	8:15	8:22	8:30
9:00	9:08	9:15	9:22	9:30
10:00	10:08	10:15	10:22	10:30
11:00	11:08	11:15	11:22	11:30
12:00	12:08	12:15	12:22	12:30
1:00	1:08	1:15	1:22	1:30
2:00	2:08	2:15	2:22	2:30
3:00	3:08	3:15	3:22	3:30
4:00	4:08	4:15	4:22	4:30
5:00	5:08	5:15	5:22	5:30
6:00	6:08	6:15	6:22	6:30
7:00	7:08	7:15	7:22	7:30
8:00	8:08	8:15	8:22	8:30
9:00	9:08	9:15	9:22	9:30
10:00	10:08	10:15	10:22	10:30



Find printable maps at www.cbrm.ns.ca/transit

Route 7 - Saturday

DEPARTURE TIMES: Howie Centre

Sydney River Mall	Irving Circle K / Kings Rd	Tometary Drive / Howie Centre	Prior Hampton Estates	Sydney River Mall
7:00	7:08	7:15	7:22	7:30
8:00	8:08	8:15	8:22	8:30
9:00	9:08	9:15	9:22	9:30
10:00	10:08	10:15	10:22	10:30
11:00	11:08	11:15	11:22	11:30
***	***	***	***	***
1:00	1:08	1:15	1:22	1:30
2:00	2:08	2:15	2:22	2:30
3:00	3:08	3:15	3:22	3:30
4:00	4:08	4:15	4:22	4:30
***	***	***	***	***
6:00	6:08	6:15	6:22	6:30
7:00	7:08	7:15	7:22	7:30
8:00	8:08	8:15	8:22	8:30
9:00	9:08	9:15	9:22	9:30
10:00	10:08	10:15	10:22	10:30

